



Grey Havens
Psychological Services

Dr. Schlierf Sliding Scale Fee Policy – 2025

Overview

This policy outlines how session fees are determined using a sliding scale based on household size and annual income. All ranges shown below are inclusive of both endpoints. Fees are stated per 45–60 minute psychotherapy session. The standard fee is \$275 per session.

Hardship Fee

A limited Hardship Fee of \$90 per session is available to households with annual income below the bottom of the 60% tier for their household size (see tables). Hardship slots are capped, authorized for up to 6 months at a time, and require documentation (e.g., recent pay stub or tax return). Fees are re-evaluated at the end of each authorization period and may be adjusted if circumstances change.

Verification, Review, and Updates

Fees are determined using self-attested income at intake and verified with documentation upon request. Sliding scale eligibility is reviewed at least every 6 months. Clients agree to notify the practice within 30 days of any material change in income or household size. Fees may be adjusted upward or downward to reflect current eligibility, effective the date of the change or the next scheduled session, as clinically and administratively appropriate.

Attendance Options for Affordability

If weekly attendance is not feasible at the assigned fee, clients may discuss biweekly scheduling or a short-term weekly period followed by transition to biweekly maintenance. These options aim to maintain clinical momentum while supporting long-term affordability.

Fee Tiers

The sliding scale uses four tiers, based on discounts from the standard \$275 session fee. Ranges are inclusive. Fees per session are as follows:

Tier	Fee
Hardship (limited)	\$90 per session
Tier A	\$110 per session
Tier B	\$165 per session
Tier C	\$220 per session
Standard Fee	\$275 per session

Household Size: 1

Tier	Inclusive Income Range	Session Fee
Hardship	Income below \$42,240	\$90
Tier A	\$42,240 – \$57,889	\$110
Tier B	\$57,890 – \$73,539	\$165
Tier C	\$73,540 – \$89,189	\$220
Standard Fee	\$89,190 and above	\$275

Household Size: 2

Tier	Inclusive Income Range	Session Fee
Hardship	Income below \$44,000	\$90
Tier A	\$44,000 – \$65,999	\$110
Tier B	\$66,000 – \$87,999	\$165
Tier C	\$88,000 – \$109,999	\$220
Standard Fee	\$110,000 and above	\$275

Household Size: 3

Tier	Inclusive Income Range	Session Fee
Hardship	Income below \$53,300	\$90
Tier A	\$53,300-\$79,949	\$110
Tier B	\$79,950-\$106,599	\$165
Tier C	\$106,600-\$133,249	\$220
Standard Fee	\$133,250 and above	\$275

Household Size: 4

Tier	Inclusive Income Range	Session Fee
Hardship	Income below \$64,300	\$90
Tier A	\$64,300-\$96,449	\$110
Tier B	\$96,450-\$128,599	\$165
Tier C	\$128,600-\$160,749	\$220
Standard Fee	\$160,750 and above	\$275

Household Size: 5

Tier	Inclusive Income Range	Session Fee
Hardship	Income below \$75,300	\$90
Tier A	\$75,300-\$112,949	\$110
Tier B	\$112,950-\$150,599	\$165
Tier C	\$150,600-\$188,249	\$220
Standard Fee	\$188,250 and above	\$275

Household Size: 6

Tier	Inclusive Income Range	Session Fee
Hardship	Income below \$86,300	\$90
Tier A	\$86,300-\$129,449	\$110
Tier B	\$129,450-\$172,599	\$165
Tier C	\$172,600-\$215,749	\$220
Standard Fee	\$215,750 and above	\$275

Terms and Disclaimers

- Fees and eligibility are subject to change with notice.
- This policy does not guarantee availability of appointment times.
- Clients using insurance benefits are subject to plan deductibles, copays, and coinsurance; the sliding scale applies to private-pay services only.
- Documentation may be requested at any time to verify eligibility.