



Grey Havens
Psychological Services

Maya Pitre LCSW Sliding Scale Fee Policy – 2026

Effective date: August 31, 2026

Overview

This policy outlines how session fees are determined using a sliding scale based on household size and annual income. All ranges shown below are inclusive of both endpoints. Fees are stated per 45–60 minute psychotherapy session. The standard fee is \$160 per session.

Verification, Review, and Updates

Fees are determined using self-attested income at intake and verified with documentation upon request. Sliding scale eligibility is reviewed at least every 6 months. Clients agree to notify the practice within 30 days of any material change in income or household size. Fees may be adjusted upward or downward to reflect current eligibility, effective the date of the change or the next scheduled session, as clinically and administratively appropriate.

Attendance Options for Affordability

If weekly attendance is not feasible at the assigned fee, clients may discuss biweekly scheduling or a short-term weekly period followed by transition to biweekly maintenance. These options aim to maintain clinical momentum while supporting long-term affordability.

Fee Tiers

The sliding scale offers two reduced-fee tiers and the standard fee. Ranges are inclusive. Fee per session are as follows:

Tier	Fee
Tier A (Reduced)	\$110 per session
Tier B (Reduced)	\$135 per session
Standard Fee	\$160 per session

Household Size: 1

Tier	Inclusive Income Range	Session Fee
Tier A (Reduced)	\$0 – \$57,599	\$110
Tier B (Reduced)	\$57,600 – \$70,999	\$135
Standard Fee	\$71,000 and above	\$160

Household Size: 2

Tier	Inclusive Income Range	Session Fee
Tier A (Reduced)	\$0 – \$59,999	\$110
Tier B (Reduced)	\$60,000 – \$73,999	\$135
Standard Fee	\$74,000 and above	\$160

Household Size: 3

Tier	Inclusive Income Range	Session Fee
Tier A (Reduced)	\$0 – \$72,699	\$110
Tier B (Reduced)	\$72,700 – \$89,599	\$135
Standard Fee	\$89,600 and above	\$160

Household Size: 4

Tier	Inclusive Income Range	Session Fee
Tier A (Reduced)	\$0 – \$87,699	\$110
Tier B (Reduced)	\$87,700 – \$108,099	\$135
Standard Fee	\$108,100 and above	\$160

Household Size: 5

Tier	Inclusive Income Range	Session Fee
Tier A (Reduced)	\$0 – \$102,699	\$110
Tier B (Reduced)	\$102,700 – \$126,599	\$135
Standard Fee	\$126,600 and above	\$160

Household Size: 6

Tier	Inclusive Income Range	Session Fee
Tier A (Reduced)	\$0 – \$117,699	\$110
Tier B (Reduced)	\$117,700 – \$145,099	\$135
Standard Fee	\$145,100 and above	\$160

Terms and Disclaimers

- Fees and eligibility are subject to change with notice.
- This policy does not guarantee availability of appointment times.
- Clients using insurance benefits are subject to plan deductibles, copays, and coinsurance; the sliding scale applies to private-pay services only.
- Documentation may be requested at any time to verify eligibility.